



Comitato Regionale Sardo

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XXIII° EDIZIONE MARE MONTAGNA ORGANIZZAZIONE: POLISPORTIVA GONONE DORGALI DORGALI: 9 OTTOBRE 2016

ESORDIENTI FEMMINILI B MINIATLETICA METRI 300

| | | | | | | |
|---|-----|---------|-----------|-----|-------|----------------|
| 1 | 379 | CARRONI | LETIZIA | EFB | NU149 | ATLETICA ORANI |
| | 378 | PORCU | BENEDETTA | EFB | NU149 | ATLETICA ORANI |

ESORDIENTI MASCHILI C PULCINI METRI 300

| | | | | | | |
|---|-----|--------|--------------|-----|-------|--------------------|
| 1 | 394 | LOVICO | EMANUELE | EMC | NU053 | POL GONONE DORGALI |
| 2 | 390 | GIOBBE | PIETRO PAOLO | EMC | NU053 | POL GONONE DORGALI |
| 3 | 391 | LAI | GIONATA | EMC | NU053 | POL GONONE DORGALI |

ESORDIENTI MASCHILI B MINIATLETICA METRI 300

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|---|-----|----------|-----------|-----|-------|--------------------|
| 1 | 384 | PAZZOLA | ANDREA | EMB | SS034 | ATLETICA OZIERI |
| | 383 | PORCU | FRANCESCO | EMB | NU149 | ATLETICA ORANI |
| | 385 | RIFFALDI | FABRIZIO | EMB | NU053 | POL GONONE DORGALI |

ESORDIENTI FEMMINILI A PROMOATLETICA METRI 600

| | | | | | | |
|---|-----|---------|-------|-----|-------|-----------------------------|
| 1 | 382 | CARRONI | IRENE | EFA | NU149 | ATLETICA ORANI |
| 2 | 380 | GIOBBE | JANA | EFA | NU053 | POL GONONE DORGALI |
| 3 | 381 | PINNA | ALICE | EFA | SS196 | GS ATLETICA RUNNERS OSCHIRI |

ESORDIENTI MASCHILI A PROMOATLETICA METRI 600

| | | | | | | |
|---|-----|-----------|---------|-----|-------|-----------------------------|
| 1 | 388 | LADU | ANTONIO | EMA | NU149 | ATLETICA ORANI |
| 2 | 386 | PINNA | DIEGO | EMA | SS196 | GS ATLETICA RUNNERS OSCHIRI |
| 3 | 393 | FRONTEDDU | SAMUELE | EMA | NU053 | POL GONONE DORGALI |
| | 387 | RIFFALDI | BRUNO | EMA | NU053 | POL GONONE DORGALI |

RAGAZZE METRI 1000

| | | | | | | |
|--|-----|-------|--------|----|-------|----------------|
| | 389 | PORCU | GIULIA | RF | NU149 | ATLETICA ORANI |
|--|-----|-------|--------|----|-------|----------------|

RAGAZZI METRI 1000

| | | | | | | |
|---|-----|---------|--------|----|-------|--------------------|
| 1 | 392 | PIREDDA | DANIEL | RM | NU053 | POL GONONE DORGALI |
|---|-----|---------|--------|----|-------|--------------------|

JUNIOR UOMINI JM Mt 6150

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|---|-----|--------|----------|----|-------|-----------------------|---------|
| 1 | 399 | ROSTAN | ANDREA | JM | CN016 | ATLETICA SALUZZO | 24' 37" |
| 2 | 398 | RABINO | RICCARDO | JM | CN016 | ATLETICA SALUZZO | 24' 43" |
| 3 | 700 | PULINA | SIMONE | JM | SS215 | A.S.D. RUNNER SASSARI | 27' 00" |

PROMESSE SENIOR DONNE SF Mt 10150

| | | | | | | | | |
|---|----|-----|-------|-----------------|----|-------|----------------|------------|
| 1 | 33 | 417 | HAHN | KONSTANZE REGIN | SF | | UISP | 58' 55" |
| 2 | 71 | 406 | BUSSU | CATERINA | SF | NU149 | ATLETICA ORANI | 1h 24' 57" |

SENIOR DONNE SF35 Mt 10150

| | | | | | | | | |
|---|----|-----|----------|------------|------|-------|-------------------------|------------|
| 1 | 45 | 407 | MARONGIU | MARIAELISA | SF35 | NU149 | ATLETICA ORANI | 1h 04' 39" |
| 2 | 53 | 420 | PRUNEDDU | BARBARA | SF35 | CA201 | ATL EDOARDO SANNA ELMAS | 1h 09' 26" |
| 3 | 76 | 408 | GASOLA | LAURA | SF35 | NU149 | ATLETICA ORANI | 1h 36' 06" |

SENIOR DONNE SF40 Mt 10150

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|---|----|-----|---------|------------|------|-------|----------------------------|------------|
| 1 | 42 | 418 | CAU | ANTONELLA | SF40 | NU147 | CIRC SPORT DIL ATL AMATORI | 1h 03' 32" |
| 2 | 69 | 421 | CANTARA | LEONARDA | SF40 | SS181 | GS MONTE ACUTO MARATHON | 1h 23' 48" |
| 3 | 70 | 403 | CARTA | GIUSEPPINA | SF40 | CA104 | ATL SAN SPERATE | 1h 24' 11" |

SENIOR DONNE SF45 Mt 10150

| | | | | | | | | |
|---|----|-----|-----------|----------------|------|-------|----------------------------|------------|
| 1 | 24 | 419 | DEIANA | PINA | SF45 | PG078 | ASPA BASTIA | 56' 34" |
| 2 | 34 | 416 | FREIRE | MARIA LUZ | SF45 | SS093 | POD AMATORI OLBIA | 59' 09" |
| 3 | 47 | 422 | NICOLETTI | RITA | SF45 | SS125 | ATLETICA PLOAGHE | 1h 07' 29" |
| 4 | 49 | 405 | MELES | MARIA VITTORIA | SF45 | NU147 | CIRC SPORT DIL ATL AMATORI | 1h 08' 15" |
| 5 | 72 | 413 | MISCALI | ROBERTA | SF45 | OR178 | POL GUILCER TEAM LA CITTA' | 1h 25' 42" |

SENIOR DONNE SF50 Mt 10150

| | | | | | | | | |
|---|----|-----|---------|------------|------|-------|-------------------------|------------|
| 1 | 43 | 411 | MISCALI | ROSALBA | SF50 | OR172 | MARATHON CLUB ORISTANO | 1h 03' 55" |
| 2 | 62 | 401 | MELONI | MARCELLA | SF50 | CA025 | G.S. ATLETICA DOLIANOVA | 1h 16' 06" |
| 3 | 63 | 415 | CAMPUS | GRAZIELLA | SF50 | SS021 | ASC ATL SAN GIOVANNI | 1h 16' 25" |
| 4 | 64 | 409 | LODDO | ALESSANDRA | SF50 | NU149 | ATLETICA ORANI | 1h 17' 31" |

SENIOR DONNE SF55 Mt 10150

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|---|----|-----|--------|---------|------|-------|----------------------------|------------|
| 1 | 50 | 414 | VIDALI | ENRICA | SF55 | OR178 | POL GUILCER TEAM LA CITTA' | 1h 08' 27" |
| 2 | 60 | 412 | SEDDA | CHIARA | SF55 | OR172 | MARATHON CLUB ORISTANO | 1h 13' 46" |
| 3 | 65 | 402 | PUDDU | SILVANA | SF55 | CA032 | AS TESPIENSE QUARTU | 1h 20' 31" |
| 4 | 75 | 404 | CABRAS | RITA | SF55 | CA211 | CAGLIARI MARATHON CLUB | 1h 34' 08" |

SENIOR DONNE SF60 Mt 10150

| | | | | | | | | |
|---|----|-----|-----|-------------|------|-------|----------------|------------|
| 1 | 67 | 410 | COI | MARIA LUCIA | SF60 | NU149 | ATLETICA ORANI | 1h 22' 20" |
|---|----|-----|-----|-------------|------|-------|----------------|------------|

PROMESSE SENIOR UOMINI SM Mt 10150

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|----|----|-----|------------|----------------|----|-------|-----------------------------|------------|
| 1 | 1 | 641 | CHEVRIER | XAVIER | SM | BG149 | ATL VALLI BERGAMASCHE LEFFE | 41' 53" |
| 2 | 2 | 643 | VENDER | ALBERTO | PM | TN119 | S.A. VALCHIERESE | 43' 26" |
| 3 | 3 | 642 | FILOSI | MARCO | PM | TN119 | S.A. VALCHIERESE | 43' 56" |
| 4 | 4 | 694 | ABDELKADER | OUALID | SM | CA211 | CAGLIARI MARATHON CLUB | 45' 39" |
| 5 | 5 | 644 | MOTZO | GABRIELE | SM | CA003 | SS ESPERIA | 45' 55" |
| 6 | 16 | 660 | SPANU | FABIO | SM | NU053 | POL GONONE DORGALI | 53' 49" |
| 7 | 26 | 691 | MURGIA | ROBERTO PABLO | PM | NU053 | POL GONONE DORGALI | 57' 19" |
| 8 | 39 | 680 | CANU | ANGELO | SM | SS217 | PODISTICA SASSARI | 1h 01' 38" |
| 9 | 41 | 698 | GIANOGLIO | RICCAEDO MARIO | SM | NU147 | CIRC SPORT DIL ATL AMATORI | 1h 02' 58" |
| 10 | 58 | 658 | PIRAS | MATTEO | SM | CA239 | CAGLIARI ATLETICA LEGGERA | 1h 13' 08" |

SENIOR UOMINI SM35 Mt 10150

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|---|----|-----|-----------|----------------|------|-------|-------------------------|------------|
| 1 | 8 | 684 | CANU | FRANCESCO | SM35 | SS245 | ATLETICA ITTIRI CANNEDU | 48' 56" |
| 2 | 9 | 681 | RIBICHESU | DAVIDE | SM35 | SS217 | PODISTICA SASSARI | 50' 53" |
| 3 | 10 | 661 | GERVASONI | STEFANO | SM35 | NU053 | POL GONONE DORGALI | 51' 12" |
| 4 | 20 | 682 | PASSERO' | MARCO | SM35 | SS217 | PODISTICA SASSARI | 54' 56" |
| 5 | 48 | 689 | CANU | GIOVANNI MARIO | SM35 | | RUNCARD | 1h 08' 03" |
| | | 687 | SULAS | ANDREA | SM35 | | ASI | |

692 RAGATZU GIUSEPPE SM35 UISP

SENIOR UOMINI SM40 Mt 10150

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|---|----|-----|--------|------------|------------|----------------------------|------------|
| 1 | 6 | 648 | LEOTTA | LUIGI | SM40 CA104 | ATL SAN SPERATE | 48' 38" |
| 2 | 13 | 693 | TUVERI | DARIO | SM40 | UISP | 53' 20" |
| 3 | 25 | 667 | CALVIA | ALESSANDRO | SM40 NU149 | ATLETICA ORANI | 56' 49" |
| 4 | 38 | 696 | MELONI | TONIO | SM40 SS245 | ATLETICA ITTIRI CANNEDU | 1h 01' 36" |
| 5 | 44 | 672 | CARIA | ROBERTO | SM40 OR048 | GS PIONIERI MARMILLA MOGOR | 1h 04' 00" |
| 6 | 68 | 675 | DERIU | ANTONIO | SM40 SS182 | I GUERRIERI DEL PAVONE | 1h 22' 21" |
| | | 662 | GHIANI | SALVATORE | SM40 NU053 | POL GONONE DORGALI | |

SENIOR UOMINI SM45 Mt 10150

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|----|----|-----|-----------|----------------|------------|----------------------------|------------|
| 1 | 7 | 697 | CAVALLARO | GIUSEPPE | SM45 NU147 | CIRC SPORT DIL ATL AMATORI | 48' 44" |
| 2 | 11 | 668 | CARTA | PASQUALINO | SM45 NU149 | ATLETICA ORANI | 51' 25" |
| 3 | 12 | 645 | PULINA | IVAN | SM45 SS215 | A.S.D. RUNNER SASSARI | 52' 59" |
| 4 | 17 | 674 | PAZZOLA | GIUSEPPE | SM45 SS034 | ATLETICA OZIERI | 54' 05" |
| 5 | 19 | 659 | SPIGA | STEFANO | SM45 CA239 | CAGLIARI ATLETICA LEGGERA | 54' 36" |
| 6 | 21 | 649 | PORCU | SERGIO | SM45 CA104 | ATL SAN SPERATE | 55' 10" |
| 7 | 22 | 663 | BRANCA | ANTONIO | SM45 NU053 | POL GONONE DORGALI | 55' 20" |
| 8 | 28 | 670 | MURROCCU | MARIO | SM45 NU210 | URPES BORORE | 57' 59" |
| 9 | 29 | 686 | BALLONE | SALVATORE | SM45 SS247 | ALGUERRUNNERS | 58' 10" |
| 10 | 30 | 679 | MORITTU | ALESSANDRO | SM45 SS208 | ALGHERO MARATHON | 58' 20" |
| 11 | 31 | 669 | GONANU | TONINO | SM45 NU205 | AMO ATLETICA MARINA | 58' 24" |
| 12 | 55 | 654 | ETZI | MASSIMILIANO | SM45 CA201 | ATL EDOARDO SANNA ELMAS | 1h 11' 17" |
| 13 | 59 | 666 | FLORE | GIOVANNI | SM45 NU147 | CIRC SPORT DIL ATL AMATORI | 1h 13' 33" |
| 14 | 61 | 690 | ROZZO | GIOVANNI MARIA | SM45 | UISP | 1h 15' 18" |

SENIOR UOMINI SM50 Mt 10150

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|---|----|-----|--------|----------------|------------|---------------------|------------|
| 1 | 14 | 699 | PES | PIERPAOLO | SM50 SS043 | G.S. ATL OLBIA | 53' 28" |
| 2 | 15 | 683 | PIGA | SERGIO | SM50 SS217 | PODISTICA SASSARI | 53' 37" |
| 3 | 18 | 650 | PUDDU | MAURIZIO | SM50 CA104 | ATL SAN SPERATE | 54' 24" |
| 4 | 23 | 688 | PIRAS | MARIO NICOLINO | SM50 | RUNCARD | 56' 07" |
| 5 | 35 | 655 | FUSARO | FRANCO | SM50 SS093 | POD AMATORI OLBIA | 59' 13" |
| 6 | 51 | 647 | IBBA | EFISIO | SM50 CA032 | AS TESPIENSE QUARTU | 1h 08' 50" |

SENIOR UOMINI SM55 Mt 10150

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|---|----|-----|-------|----------------|------------|----------------------------|------------|
| 1 | 27 | 685 | MULAS | SALVATORE | SM55 SS245 | ATLETICA ITTIRI CANNEDU | 57' 26" |
| 2 | 37 | 676 | RUIU | MARIO | SM55 SS182 | I GUERRIERI DEL PAVONE | 1h 01' 08" |
| 3 | 57 | 677 | CANU | GAVINO DAMIANO | SM55 SS196 | GS ATLETICA RUNNERS OSCHIF | 1h 13' 04" |
| | | 664 | ORRU' | SALVATORE | SM55 NU053 | POL GONONE DORGALI | |
| | | 665 | PIRAS | AGOSTINO | SM55 NU053 | POL GONONE DORGALI | |

SENIOR UOMINI SM60 Mt 10150

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|---|----|-----|------------|-----------|------------|----------------------------|------------|
| 1 | 32 | 652 | AMBUS | FRANCESCO | SM60 CA104 | ATL SAN SPERATE | 58' 27" |
| 2 | 36 | 671 | CORONA | MARCO | SM60 OR030 | SS ATL ORISTANO | 1h 01' 07" |
| 3 | 46 | 657 | AUTELITANO | DOMENICO | SM60 CA231 | ATLETICA MONTEPONI IGLESIA | 1h 07' 03" |
| 4 | 52 | 651 | SOI | DANIELE | SM60 CA104 | ATL SAN SPERATE | 1h 09' 21" |
| 5 | 66 | 653 | SERRA | GIOVANNI | SM60 CA104 | ATL SAN SPERATE | 1h 22' 00" |
| 6 | 73 | 656 | SCHIRRU | FERNANDO | SM60 CA211 | CAGLIARI MARATHON CLUB | 1h 26' 39" |

SENIOR UOMINI SM65 Mt 10150

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|---|----|-----|-----------|---------|------------|----------------------------|------------|
| 1 | 40 | 673 | RIBICHESU | AMEDEO | SM65 SS026 | STUDIUM ET STADIUM | 1h 01' 58" |
| 2 | 54 | 678 | SASU | PAOLINO | SM65 SS196 | GS ATLETICA RUNNERS OSCHIF | 1h 10' 27" |

SENIOR UOMINI SM70 Mt 10150

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|---|----|-----|---------|---------|------------|----------------------------|------------|
| 1 | 56 | 695 | CARBONI | ANTONIO | SM70 SS196 | GS ATLETICA RUNNERS OSCHIF | 1h 13' 00" |
|---|----|-----|---------|---------|------------|----------------------------|------------|

2 74 646 LOCCI

GIAN CARLO

SM70 CA025 G.S. ATLETICA DOLIANOVA

1h 32' 08"